



WORLD CONFERENCE

Empowering You

SPEAKERS

Saturday 12th September 2009

	<p>Keynote Speaker - Shaun Brookhouse - United Kingdom Presentation Date: Saturday 12th September 2009 Presentation Time: 0910 - 1030 Paper Information: The decades ahead - hypnotherapy as a profession There are tremendous opportunities for the profession to learn from its rich and diverse past in order to move forward as a legitimate profession in the coming decades. In this presentation, he will give an overview of the history of the profession, rather than of hypnotherapy itself. He will also be showing how different countries have either embraced or worked against the establishment of a "hypno" profession and what can be learned from these experiences.</p>
	<p>Heidi Heron - New South Wales, Australia Presentation Date: Saturday 12th September 2009 Presentation Time: 1100 - 1200 Paper Information: Overcoming Bulimia and Anorexia from an NLP Perspective Psychotherapists use a variety of approaches to treat eating disorders. Heidi Heron, an NLP therapist and trainer in Sydney has years of successful experience working with individuals with eating disorders. She will share her knowledge and skills while giving you an insight into working with this challenging issue. With the tools of NLP we can understand the structure of patterns like bulimia and anorexia to better assist in the change process</p>
	<p>Grant Boddington - New Zealand Presentation Date: Saturday 12th September 2009 Presentation Time: 1100 - 1200 Paper Information: Modern Suggestive Hypnotherapy Complimenting his new book of the same name, Grant's "Modern Suggestive Hypnotherapy" presentation is an interesting look at the effectiveness of using a more permissive blend of techniques to suit the 21st century client. The 20th century authoritarian styles of Hypnotherapy are being met with more and more suspicion, cynicism and distrust nowadays and, in his experience, are being superseded by more direct and rapid fixes, featuring more input from the client and less control by the Hypnotherapist.</p>
	<p>Susy Hall - Queensland, Australia Presentation Date: Saturday 12th September 2009 Presentation Time: 1100 - 1200 Paper Information: Building Rapport and Gaining Trust Using a Tree Drawing Rapport and trust are the two pillars on which our hypnotic work rests. If we fail to build a trusting relationship with our clients we are failing our clients and the profession of hypnotherapy. There are many ways to build rapport.</p>



WORLD CONFERENCE

Empowering You

	<p>Interpreting our clients drawing of a tree is a fun and non-threatening way of achieving rapport. We can use the drawing as a tool to gain insight and build rapport as we discuss different aspects of a tree that they have drawn. Tree drawing is a projective test. Projective tests attempt to measure personality based on the theory that individuals tend to project their own unconscious attitudes into ambiguous situation.</p>
	<p>David Kennedy - Queensland, Australia Presentation Date: Saturday 12th September 2009 Presentation Time: 1200 - 1300 Paper Information: Hypnosis in the Treatment of Cancer Pain The diagnosis and treatment of cancer can bring an array of pain and distress that rarely occurs in any other illness. The diagnosis itself is confronting and threatening, and represents powerful and negative suggestions. Among these, fear of death, expectation of pain, and loss of control of the future predominate. David will provide a range of pain reduction and management approaches that he has employed in his work as a registered consultant hypnotherapist to the Commonwealth Rehabilitation Service. Using these techniques allows the hypnotherapist to help clients live better, and in some cases longer.</p>
	<p>Michael Affleck - New Zealand Presentation Date: Saturday 12th September 2009 Presentation Time: 1200 - 1300 Paper Information: Engaging the Higher Self Through Hypnosis This presentation will introduce the concept of the higher-self as it has been understood previously and how it can be used successfully with hypnotherapy to create significant, positive changes in an individual's life. It will also introduce practical techniques and scripts to engage the higher self and examine modern psychological interpretations of the concept. Traditionally the higher self, or transpersonal self is associated with multiple belief systems i.e. Buddhism, Hinduism, Shamanism and with an eternal, conscious and intelligent being. The term has been referred to by many of history's mystics and visionaries. It is considered to be spiritual in nature.</p>
	<p>Dr Alberto Torelli - Italy Presentation Date: Saturday 12th September 2009 Presentation Time: 1200 - 1300 Paper Information: Very Safe and Effective: The Ericksonian Hypnotherapy Milton Erickson is very famous, but his revolutionary hypnotherapeutic approach is still rather unknown. The Ericksonian approach provides a lot more desirable solution for any client, because it offers the unique opportunity of developing a very ecologic hypnotic experience and it no longer tries to impose certain hypnotherapeutic techniques. To let the clients do their work at their pace in they own way is of paramount importance for the best possible outcome and satisfaction. There are many important factors that should be taken in account in order to handle successfully almost any type of person.</p>



WORLD CONFERENCE

Empowering You

	<p>Workshop - Roy Hunter - USA Presentation Date: Saturday 12th September 2009 Presentation Time: 1400 - 1700 Paper Information: Client Centered Parts Therapy Workshop How can you effectively help the client who struggles with an inner conflict? Someone strongly desiring a goal, but who also experiences self-sabotage, may be a prime candidate for PARTS THERAPY or one of its variations. Parts Therapy is based on the concept that our personality is composed of various parts, or aspects of the subconscious, each with their respective jobs or functions of the inner mind. In other words, we wear different hats as we walk through the path of life.</p>
	<p>Gary Johnston - Victoria, Australia Presentation Date: Saturday 12th September 2009 Presentation Time: 1400 - 1515 Paper Information: Post Traumatic Stress Disorder Post Traumatic Stress Disorder (PTSD) is an insidious, life destroying mental health issue that has for decades largely been ignored relative to its serious nature. Documented under many names in history, PTSD walks hand in hand with life threatening or violent environments including war, rape, natural disaster and serious accident. Gary has specialised in the clinical treatment of PTSD and Anxiety disorders for over 15 years since he had first hand experience of panic disorders and dealing with disturbing psychology of Vietnam veterans. His unique assessment and treatment methods bring a treatment regime of months or years down to just a few weeks or less.</p>
	<p>Dr Klaus Ziergibel - Germany/New South Wales, Australia Presentation Date: Saturday 12th September 2009 Presentation Time: 1400 - 1515 Paper Information: 'Hypnosis-treatment for children suffering from bed wetting (Enuresis) - using their own unique imaginations and home locations' Klaus has used and continues to use Hypnotherapy as a successful tool in treating children suffering from bed wetting. In his workshop he will explain how to use this "hypnosis technique" so that the participants will be enabled to use it too. Besides learning to work with this tool, participants will become familiar with many different uses of the presenter's method- including: how to involve the parents in the child's treatment, how to ensure that the child has enough anatomical knowledge to facilitate treatment and how to determine if there are other serious physiological causes of the enuresis.</p>



WORLD CONFERENCE

Empowering You

	<p>Joane Goulding - Victoria, Australia Presentation Date: Saturday 12th September 2009 Presentation Time: 1545 - 1700 Paper Information: Developing a Child's Emotions Resilience - The Minds Firewall The Goulding SleepTalk™ for Children process has been taught and applied by parents around the world since the 70's. This self empowering process is about communicating important messages to a child's subconscious mind whilst they sleep, to effect changes in behaviour management, reducing stress, trauma and anxiety. It's simple, easy to use and suits children from gifted to challenged and children discard negative self-defeating behaviour with benefits lasting forever. It's non-intrusive, ethical, safe and endorsed by Medical and Psychological professions.</p>
	<p>Dr Shelley Stockwell-Nicholas - USA Presentation Date: Saturday 12th September 2009 Presentation Time: 1545 - 1700 Paper Information: The Biggest Mistakes Hypnotists Make and How To Avoid Them Let experience be your teacher. Dr Shelley Stockwell-Nicholas offers you a riveting opportunity to explore what you do and how to do it better. This talk will take your work with yourself and others to a whole new level. Don't miss it. Dr Shelley Stockwell-Nicholas is the founder of the International Hypnosis Federation and author of 14 books including the book "Hypnosis How To Put a Smile On Your Face and \$\$ In Your Pocket" and "The Hypnosis Dictionary Script Book". She is a regular guest on radio, television and in print.</p>

Sunday 13th September 2009

	<p>Keynote Speaker - Roy Hunter - USA Presentation Date: Sunday 13th September 2009 Presentation Time: 0900 - 1030 Paper Information: The Four Cornerstones of Successful Hypnotherapy There are four important hypnotherapy objectives, which provide a blueprint for increasing the probability of client success. I call them the four cornerstones of successful hypnotherapy. They are: (1) Suggestion and imagery, (2) Discover the cause, (3) Release, and (4) Subconscious relearning. We can use these four cornerstones to evaluate the efficacy of any hypnotic technique by discerning which of the four hypnotherapy objectives the technique may accomplish, which is why I believe they form the foundation of client centered hypnosis.</p>
--	---



WORLD CONFERENCE

Empowering You

	<p>Allan Patching - Queensland, Australia Presentation Date: Sunday 13th September 2009 Presentation Time: 1100 - 1230 Paper Information: Rapid Inductions Allan Patching runs Gold Coast Hypnosis, focusing on performance enhancement work for the sports, entertainment and corporate sectors, and on a range of clinical areas, including infertility and birthing matters. In this workshop, Alan will demonstrate some of the advanced anchoring techniques he learned from studying with Dr Richard Bandler in the United States. He will also address an area of great intrigue for most hypnotherapists by explaining and demonstrating several rapid and instant induction techniques he learned from some of America's leading practitioners of hypnosis. You will learn, practice, and have great fun – at this session, that's guaranteed. Don't miss it – but that's just a suggestion!</p>
	<p>Leon Cowen - New South Wales, Australia Presentation Date: Sunday 13th September 2009 Presentation Time: 1100 - 1200 Paper Information: Hypnosis & The Empty Chair For many years the methodology behind hypnosis in a clinical setting was the authoritarian approach used by the elders of our profession. There was no thought of infusing hypnosis with other techniques such a Gestalt Empty Chair. Basing their consultations on the medical model, the practitioner placed the patient (so termed because they were medical practitioners and psychologists) into the hypnotic state and then told them what was best for them to think and do. This technique is so effective because it allows the information to be gleaned from the client's subconscious mind. It fuses the 'here and now' concepts of Gestalt Empty Chair with the amplification of hypnosis. This fusion inherently brings about an instinctive acceptance by the client of its accuracy.</p>
	<p>Aaron McLoughlin - New Zealand Presentation Date: Sunday 13th September 2009 Presentation Time: 1100 - 1230 Paper Information: Reclaim Sleep - Reframing your clients sleeping issues Sleeping problems such as insomnia are becoming more and more common in this day and age. With the increase in work stress, financial stress, poor diet and sedentary lifestyles, sleep problems are on the increase. This strategy is simple and yet very powerful and is a combination of NLP, hypnosis and mind body health knowledge. Utilising the best strategies in conversational hypnosis, reframing, timeline and more.</p>
	<p>Workshop - Shaun Brookhouse - United Kingdom Presentation Date: Sunday 13th September 2009 Presentation Time: 1330 - 1630 Paper Information: Hypnotherapy for Depression & Anxiety Workshop Panic attacks, phobias, extreme shyness, obsessive-compulsive behaviours, and generalized anxiety disrupt the lives of an estimated 15% of the population. Panic disorder strikes at least 1.6 percent of the population and is twice as common in women as in men. It can appear at any age--in children or in the elderly-but most often it begins in young adults. This workshop will detail a number of different hypnotic approaches in the treatment of these conditions.</p>



WORLD CONFERENCE

Empowering You

	<p>Rhondda Stewart - New South Wales, Australia Presentation Date: Sunday 13th September 2009 Presentation Time: 1330 - 1500 Paper Information: Hypnotherapy for Infertility Rhondda was awarded the prestigious Overseas Award of "Educator of the Year" in 2004 by IMDHA. She continues to design and deliver training programs for ACH as well as other Schools, Universities and Private Sector both here and overseas. She is also Author of two Dream books "Dreams Real Window to your life - Kangaroo Press & Dreams - Lansdowne Press Rhondda is a Professional Counsellor, Clinical Hypnotherapist and NLP Master Practitioner and Trainer. Over the last 30 years she has build up a thriving Sydney Practice and is also well known for her skills in design and development of Therapy based curriculum for Professional Development in Australia, New Zealand and Overseas. (Information on the paper to be available in the near future)</p>
	<p>Sharon Walsh - United Kingdom Presentation Date: Sunday 13th September 2009 Presentation Time: 1330 - 1500 Paper Information: Empowering You to Empower Women Living In Abusive Intimate Relationships with Solution Focused Hypnosis. It is likely that a therapist, who treats 100 women a year, will work with around 20 women who affected by Intimate Partner Violence (IPV) either currently or in the past. Many clinicians do not choose to work in this field, but a disclosure of IPV may occur at some point. Often practitioners do not know what to do for the best when this happens. Conversely, if the issue is never raised, it will never be resolved and will impact on the therapeutic success of the intervention. This presentation is will empower therapists to work safely and successfully with women, living in abusive relationships using the combined techniques of Solution Focused Therapy and hypnosis.</p>
	<p>Leanne Jackson - Queensland, Australia Presentation Date: Sunday 13th September 2009 Presentation Time: 1530 - 1630 Paper Information: HYPNOBIRTHING - A Celebration of Life. HypnoBirthing is as much as a philosophy as it is a technique. It is a rewarding, relaxing, stress-free method of birthing that is based on the belief that when a mother is properly prepared for birthing physically, mentally and spiritually, she can experience the joy of birthing her baby in an easier, more comfortable and often even, pain free manner. HypnoBirthing returns to women the art of birthing in a way that allows her to summon her natural birthing instincts. HypnoBirthing is based on the belief that severe discomfort does not need to be a natural accompaniment of labour.</p>
	<p>John Dutton - South Africa Presentation Date: Sunday 13th September 2009 Presentation Time: 1530 - 1630 Paper Information: The Animal Inside The art of Effective Therapist Client Communication This presentation will be designed to provide Hypnotherapists, Therapists, Counsellors, Life Coaches, and Psychotherapists with learned tools enabling them to communicate effectively with their clients, adjust therapy to the</p>



WORLD CONFERENCE

Empowering You

	<p>different personalities and communication styles within a short period of the consultation, thus enabling the therapists to use words actions and techniques best suited to each individual.</p>
--	---